



14 January 2010

Dear Parent(s)/ Guardian(s)

MOE'S SEXUALITY EDUCATION IN SCHOOLS

1. Sexuality education (SEd) aims to help our young understand the physiological, social and emotional changes they experience as they mature, develop healthy relationships with the opposite sex and to teach them how to make responsible choices. It is premised on the importance of the heterosexual married family as the basic unit of society, and respect for the values and beliefs of the different ethnic and religious communities on sexuality issues.
2. The goals of SEd are to:
 - i. provide accurate and adequate knowledge on human sexuality and the consequences of sexual activity so that pupils are able to make informed decisions;
 - ii. impart intra- and inter-personal skills of problem-solving, decision-making and effective communication so that pupils are able to build responsible and rewarding relationships; and
 - iii. inculcate positive values and attitudes of sexuality so that pupils develop a respect for themselves and others as sexual beings, in line with the national value of the family as the basic unit of society.
3. The key messages of SEd are:
 - i. Build healthy futures for yourself, family and society.
 - ii. Healthy relationships based on love and respect are the foundation for strong families.
 - iii. Casual sex can lead to unwanted pregnancies, STIs/HIV and AIDS which can harm and hurt your loved ones.

INFORMATION FOR PARENTS

- i. Parents can opt their children out of the entire sexuality education programme or for individual topics, talks or workshops.
- ii. Parents who wish to opt their children out of the Growing Years Series need to complete an opt-out form. This form will be distributed to parents and is also downloadable from the school's website. A hardcopy of the form, duly completed and signed, is to be submitted to the Form Teacher by 18/01/2010.
- iii. For more information, please contact the school at 6893 3297 or email ccss@moe.edu.sg if you would like to discuss or seek clarifications about our school's sexuality education programme. Please see Annex A for the content coverage of the programme.

Yours sincerely

Mrs Yeo Chin Nam
 Principal



school philosophy

the school upholds that each student has worth and that his/her growth and development can be nurtured to the optimum



14/ 01/ 2010

Parent's Name: _____

Parent of: _____ Class: _____

Home Address: _____



Dear Sir/Madam

OPTING OUT OF GROWING YEARS (GY) SERIES

1. I have read and understood the content coverage and delivery of the GY series in the school for 2010.

2 I would like to withdraw my child, _____, of Sec _____ from
(Please check one box ONLY)

The entire GY Series, or

Topics/ Lessons from the GY Series:

(List topics/lessons)

3 My reason for opting out is

Parent's Name & Signature

IC No: _____

Contact Number: _____



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ANNEX A

At Christ Church Secondary School, the following lessons from the GY series will be covered in 2010 (Term 1):

Sec 1

Lessons	Topics/Lessons	What pupils will learn:
1	<ul style="list-style-type: none"> • Healthy Relationships with the opposite sex • Love – Crushes & Love 	<ul style="list-style-type: none"> • Demonstrate understanding that respect is the underlying value for a healthy relationship • Maintain healthy relationships with the opposite sex • Distinguish the various types of love • Differentiate infatuation, love & sexual desire • Recognize & demonstrate the importance of cultivating healthy relationships • Understand constructive ways of expressing love
2	<ul style="list-style-type: none"> • Going Steady – Correct Age • Going Steady – Peer Pressure 	<ul style="list-style-type: none"> • Recognize & demonstrate the importance of cultivating healthy relationships • Give reasons why they should not go steady at a young age • Able to make sound or informed judgement on the influence of friends on their value system
3	<ul style="list-style-type: none"> • Internet Relay Chat (IRC) 	<ul style="list-style-type: none"> • Express their views about the IRC and be aware of the potential possible dangers of it • Recognise that one does not need to rely on IRC to make friends



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Sec 2

Lessons	Topics/Lessons	What pupils will learn:
1	<ul style="list-style-type: none"> • Temptation • Petting & its Consequences 	<ul style="list-style-type: none"> • Recognize sources of temptation and consequences of petting • Take action to avoid becoming sexually tempted
2	<ul style="list-style-type: none"> • Teenage Pregnancy – Sexual Abstinence • Teenage Pregnancy – Choices 	<ul style="list-style-type: none"> • Understand the reasons for premarital sex • Understand the value of sexual abstinence • Know how to refrain from having a sexual relationship • Examine the possible options in the decision making process involving a teenage pregnancy • Understand that every option is not a private decision, but has consequences for both parties and their families
3	<ul style="list-style-type: none"> • Teenage Pregnancy - Consequences 	<ul style="list-style-type: none"> • Understand that premarital sex has harmful consequences including unwanted pregnancy • Examine the physiological and social impact of adolescent • Understand that premarital sex is not a private matter between 2 teenagers and that it has • consequences for both parties and their families



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